

Peppermint

SKU: 32000.100.112

Main category: Floral water

Description

Peppermint hydrosol Psycho-emotional Excessive emotionality, explosive temperament, lack of concentration Therapeutic properties Digestive, analgesic, anesthetic, refreshing, lymphatic and venous tonic Indications Exhaustion, fatigue, vomiting, difficult digestion, nausea, excessive sweating, hot flashes, heavy and swollen legs, insect bites, sunburn, hives, itching Internal use: Take 1 tsp per glass or 1 tbsp per 1 liter of water. Can also be used in cooking, baking and even to make cocktails. External use: Soak a cotton pad and pass it over your face morning and evening. You can also use it as a compress or spray it as a fine mist, depending on your needs. 200ml

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