

Odorous inula

SKU: 32000.100.110

Main category: Floral water

Description

Odorous inula hydrosol Psycho-emotional Brings clarity, lucidity, helps to take a step back from one's emotions Therapeutic properties ENT decongestant, expectorant, Mucolytic Indications Wee cough, colds, stuffy nose, sinusitis, oily skin with acne Internal use: Take 1 tsp per glass or 1 tbsp for 1 liter of water. Can also be used in cooking, baking and even to make cocktails. External use: Soak a cotton pad and pass it over your face morning and evening. You can also use it as a compress or spray it as a fine mist, depending on your needs. 200ml

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