

Chamomile

SKU: 32000.100.103

Main category: Floral water

Description

Matricaria chamomile hydrosol Psycho-emotional Soothing, irritability, fatigue Therapeutic properties Anti-allergic, anti-inflammatory Indications Respiratory allergies (asthma, hay fever), osteo-articular pain, eye irritation, skin prone to itching Internal use: Take 1 tsp per glass or 1 tbsp for 1 liter of water. Can also be used in cooking, baking and even to make cocktails. External use: Soak a cotton pad and pass it over your face morning and evening. You can also use it as a compress or spray it as a fine mist, depending on your needs. 200ml

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